

# English*Connect* 1

**Welcome!**





## Lesson 24

# Health

Objective: I will learn to describe how someone feels when sick.

# Opening Prayer



# Discuss the Principle of Learning

# Press Forward

*20–30 minutes*

Read the principle of learning for this lesson aloud.

Discuss the questions.

## Discuss the Principle of Learning

# Press Forward

**Read the principle of learning for this lesson aloud.**

*With God's help, I can press forward even when I face obstacles.*

The prophet Lehi in the Book of Mormon had a dream that taught us how to press forward. He saw many people walking along a path to a beautiful tree with delicious fruit. The fruit was the love of God. Their journey along the path was difficult because a “mist of darkness” hid the path (1 Nephi 8:23). Fortunately, there was a “rod of iron” they could hold onto to stay on the path (1 Nephi 8:24). The rod of iron is the word of God, which includes the scriptures. Here is what Lehi said about their journey:

# Press Forward

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“They did press their way forward, continually holding fast to the rod of iron, until they came ... and partook of the fruit of the tree” (1 Nephi 8:30).

# Press Forward

The people made it to the tree because they kept holding onto the handrail and kept walking forward, trusting in God. They didn't get distracted or discouraged when darkness came. You are working hard to learn English. Sometimes you are tired and don't feel like studying. Sometimes there are other things that need your attention and time. You have found ways to study anyway. Don't stop now. You can continue to gain an education as you press forward with hope in Jesus Christ.

## Discuss the Principle of Learning

# Press Forward

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### Discuss the questions.

- What are your “mists of darkness” in learning English?
- How can you press forward even when studying is difficult?

# Activity 1: Practice the Patterns

*15–20 minutes*

Review the vocabulary list with a partner.

Practice pattern 1 with a partner:

- Practice asking questions.
- Practice answering questions.
- Practice a conversation using the patterns.

Repeat for pattern 2.

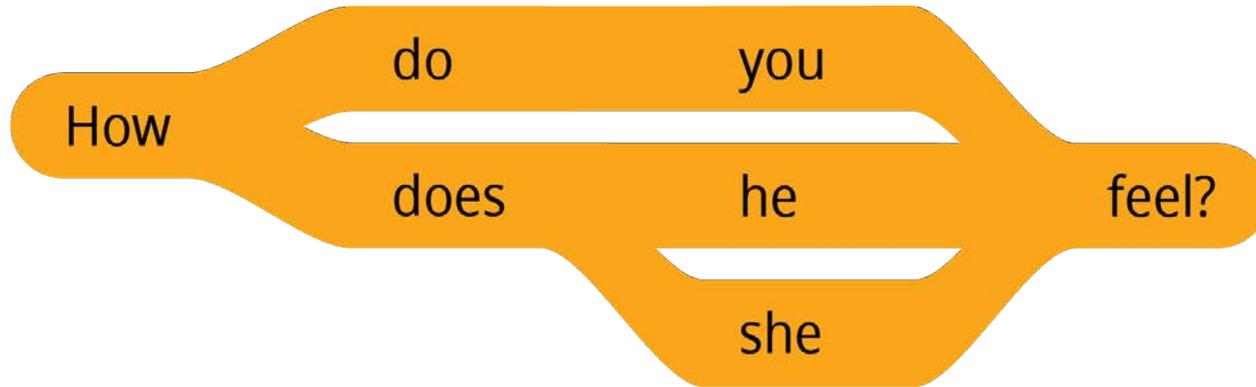
**Activity 1: Practice the Patterns****Review the vocabulary list with a partner.***3–5 minutes*

	<b>Nouns</b>	<b>Adjectives</b>	<b>Verbs</b>
How do you feel?	backache cold diarrhea earache headache sore throat stomachache toothache	congested dizzy nauseated sick tired weak	breathe eat <u>nuts</u> run stand up work

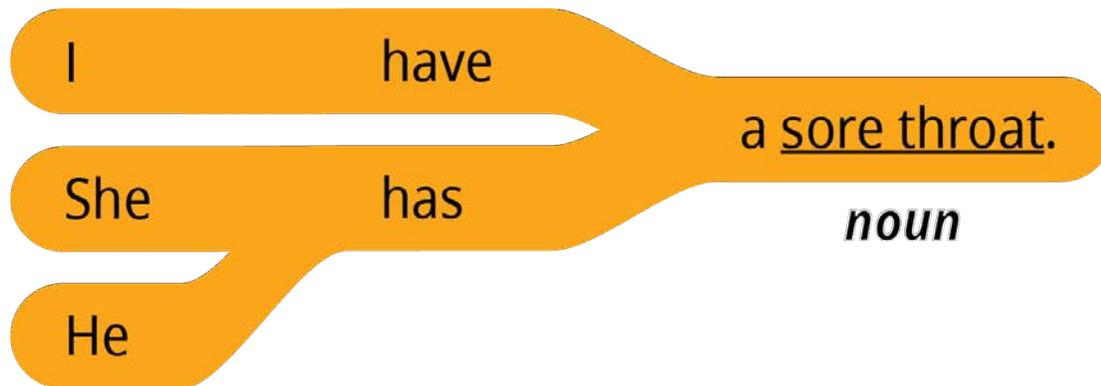
# Activity 1: Practice Pattern 1

3–5 minutes

Questions



Answers



## EnglishConnect 1

Q: How do you feel?

A: I have a (noun).

### Nouns

backache

cold

diarrhea

earache

headache

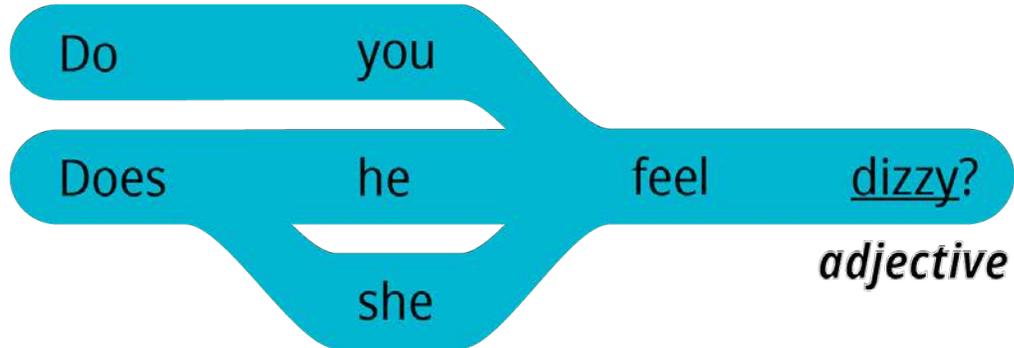
stomachache

toothache

# Activity 1: Practice Pattern 2

3-5 minutes

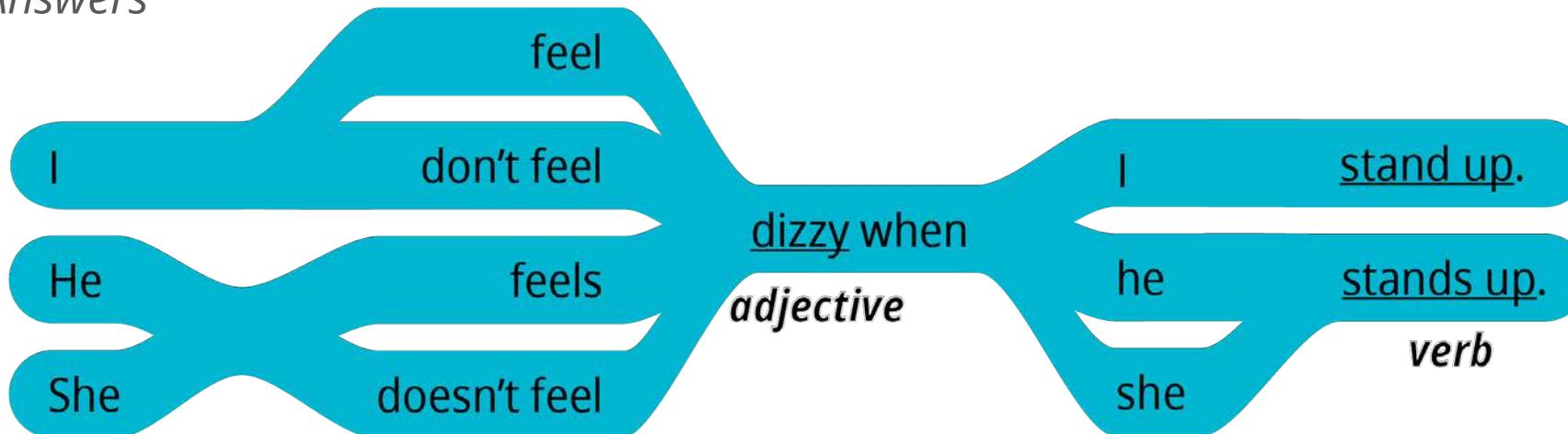
## Questions



Q: Do you feel (adjective)?

A: I feel (adjective) when I (verb).

## Answers



### Adjectives

congested  
nauseated  
sick  
tired  
weak

### Verbs

breathe  
run  
work

**10-15 minutes**

## Activity 2: Create Your Own Sentences

Choose a person below. Do not tell your partner which person you chose. Ask and answer questions to guess the person. Take turns.

### New Vocabulary

cough	
fever	
runny nose	
sneeze	
throw up	

**10-15 minutes**

## Activity 2: Create Your Own Sentences

### Example

***Partner A chooses Virgil.***

B: Does he or she feel dizzy?

A: Yes, he feels dizzy.

B: Does he have a cough?

A: No, he doesn't have a cough.

B: Is it Virgil?

A: Yes.

### Virgil

- He feels weak.
- He is tired.
- He feels dizzy.
- He has a fever.
- He has diarrhea.

## Activity 2: Create Your Own Sentences

### New Vocabulary

cough	
fever	
runny nose	
sneeze	
throw up	

### Sun Wen

- She feels dizzy.
- She is tired.
- She feels nauseated.
- She has a fever.
- She throws up a lot.

### Aamir

- He feels congested.
- He has a fever.
- He sneezes a lot.
- He has a cough.
- He has a sore throat.

### Virgil

- He feels weak.
- He is tired.
- He feels dizzy.
- He has a fever.
- He has diarrhea.

### Frida

- She feels congested.
- She has a sore throat.
- She sneezes a lot.
- She has a cold.
- She has a cough.

# Activity 2: Create Your Own Sentences

## New Vocabulary

cough	
fever	
runny nose	
sneeze	
throw up	

### Franz

- He feels weak.
- He is tired.
- He feels nauseated.
- He has a fever.
- He has diarrhea.

### Sarai

- She can't breathe well.
- She has a sore throat.
- She sneezes a lot.
- She has a cold.
- She has a runny nose.

### Louis

- He can't breathe well.
- He has a fever.
- He sneezes a lot.
- He has a cough.
- He has a runny nose.

### Anja

- She is weak.
- She is tired.
- She is nauseated.
- She has a fever.
- She throws up a lot.

# Activity 3: Create Your Own Conversations

*15–20 minutes*

Role-play each situation below. Partner A asks questions. Partner B answers questions. Use patterns and vocabulary from this lesson and lesson 23. Say as much as you can. Switch roles.

*15-20 minutes*

## Activity 3: Create Your Own Conversations



Partner A is a nurse.  
Partner B is a patient  
who has diarrhea.

### Example

A: How do you feel?

B: My stomach hurts.

A: Do you have a fever?

B: No, I don't.

A: Do you have diarrhea?

B: Yes, I have diarrhea.

A: Do you feel nauseated?

B: I feel nauseated when I eat.

*15-20 minutes*

# Activity 3: Create Your Own Conversations

## Situation 1



Partner A is a friend.  
Partner B calls his or her friend because the friend has a cold.

## Situation 2



Partner A is a doctor. Partner B goes to the doctor because he or she feels sick and weak.

*15-20 minutes*

## Activity 3: Create Your Own Conversations

### Situation 3



Partner A is a family member. Partner B feels sick and talks to the family member.

### Situation 4



Partner A is a nurse who answers a telephone. Partner B calls because he or she has a backache and can't breathe well.

# Evaluate

*5–10 minutes*

Evaluate your progress on the objectives and your efforts to practice English daily.

## Evaluate

# Evaluate Your Progress

*5 minutes*

### I can:

   *Describe how I feel when sick.*

   *Describe how others feel when sick.*

## Evaluate

# Evaluate Your Efforts

*5 minutes*

### Evaluate your efforts to:

- Study the principle of learning.
- Memorize vocabulary.
- Practice the patterns.
- Practice daily.

**Set a goal:** \_\_\_\_\_ .

**Share your goal with a partner.**

Minimal Effort ●

Moderate Effort ●

Significant Effort ●

# Act in Faith to Study English Daily

## Read the quote aloud with your group.

“Brothers and sisters, in this Church, we believe in the divine potential of all of God’s children and in our ability to become something more in Christ. In the Lord’s timing, it is not where we start but where we are headed that matters most.”

*(Clark G. Gilbert, “Becoming More in Christ: The Parable of the Slope,” Liahona, Nov. 2021, 19)*

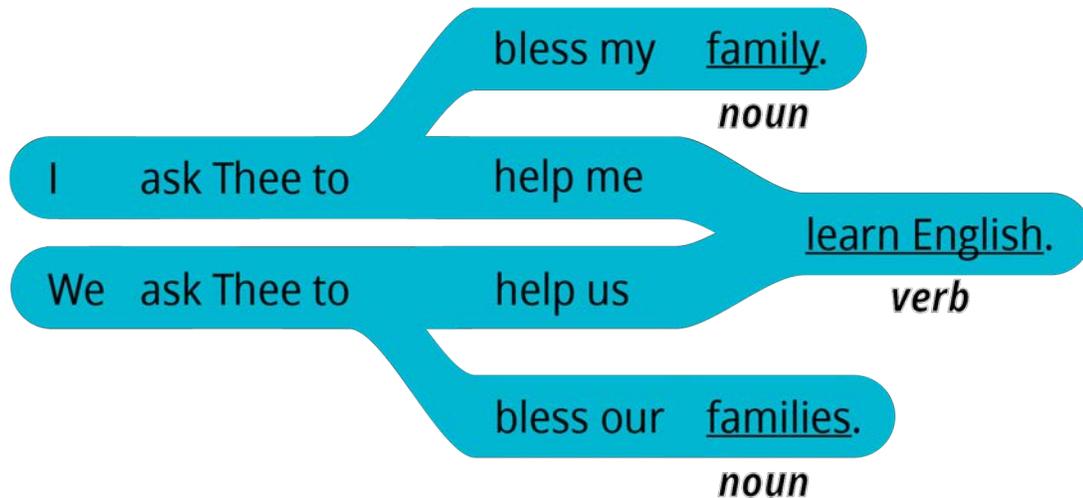


# Closing Prayer

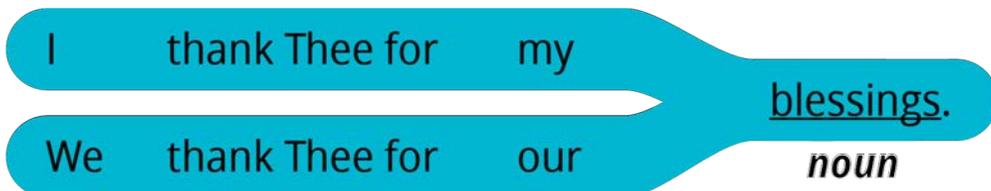
## Closing Prayer

You can use the following vocabulary and patterns to start praying in English.

We thank Thee for our (noun).



We ask Thee to help us (verb).



### Nouns

- blessing
- teacher
- group
- family / families

### Verbs

- learn
- speak
- teach
- bless
- press forward



# Congratulations!

**Preparing for next Lesson 25**

## Review

- *Study the principle of learning.*
- *Memorize vocabulary.*
- *Practice the patterns.*
- *Practice daily.*

# EnglishConnect

LEARN ENGLISH AND FOSTER FAITH

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