



Unit 5: Introduction

Lessons 18-21

Describing My Health

Objectives

I will learn to:

- Describe holiday traditions.
- Describe future events.
- Describe how I feel.
- Give health advice.
- Apply principles of learning by study and by faith.

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Lesson 18 Holidays

Objective: I will learn to describe holiday traditions and plans.

Opening Prayer



Discuss the Principle of Learning

You Are a Child of God

20–30 minutes

Read the principle of learning for this lesson aloud. Discuss the questions.

Discuss the Principle of Learning

You Are a Child of God

Read the principle of learning for this lesson aloud.

I am a child of God with eternal potential and purpose.

You are a beloved child of God. You have eternal worth and potential. We learn more about this from the Book of Mormon. We read about a time when Jesus Christ was teaching and blessing the people. He took the time to bless each person, one by one. He spent time blessing and teaching their children.

You Are a Child of God

As He blessed the little children, something amazing happened: "[Jesus Christ] did loose their tongues, and they did speak unto their fathers great and marvelous things, ... and he loosed their tongues that they could utter" (3 Nephi 26:14).

Discuss the Principle of Learning

You Are a Child of God

The little children taught the people great and marvelous things. These little children had tremendous potential, and Jesus Christ helped them see their potential. God can help you see your potential. You have so much to give. You have a purpose, and God can show you what is possible when you seek His help. Just as Jesus Christ gave the children the ability to speak, God can loose your tongue too. He can help you speak. He can help you believe in your eternal potential.

Discuss the Principle of Learning

You Are a Child of God

Discuss the questions.

- What helps you believe in your eternal potential?
- What fears are stopping you from believing that you can speak English?
- How can you seek God's help for courage to overcome your fears and speak more often?

Activity 1: Practice the Patterns

15–20 minutes

Review the vocabulary list with a partner.

Practice pattern 1 with a partner:

- Practice asking questions.
- Practice answering questions.
- Practice a conversation using the patterns.

Repeat for pattern 2.



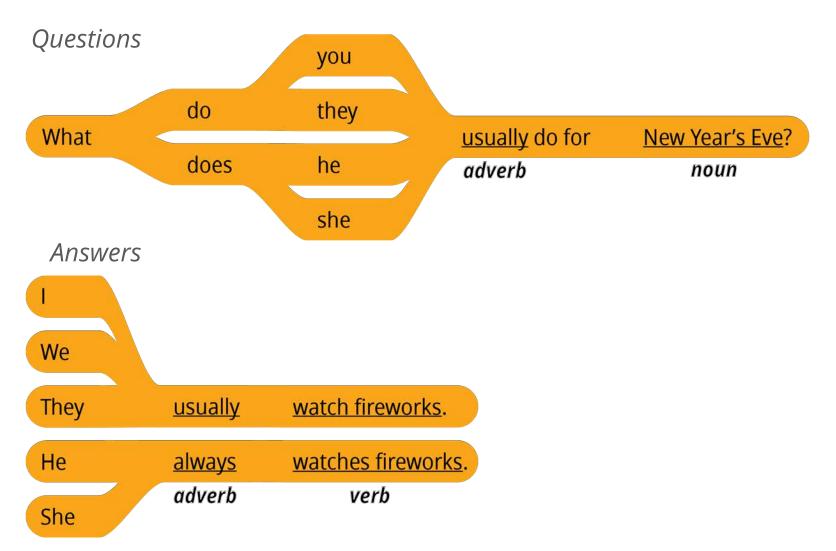
Activity 1: Practice the Patterns Review the vocabulary list with a partner.

3–5 minutes

Nouns	Verbs	Adverbs
Christmas	give gifts	always
Diwali	go to a <u>party</u>	usually
Easter	go to bed <u>early</u>	sometimes
Independence Day	have a <u>big meal</u>	never
Lunar New Year	make a <u>cake</u>	
New Year's Eve	spend time with <u>family</u>	
Ramadan	stay home	
Yom Kippur	visit <u>friends</u>	
Lassani 10	watch <u>fireworks</u>	

Activity 1: Practice Pattern 1

3–5 minutes



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Q: What do you (*adverb*) do for (*noun*)?

A: I (<u>adverb</u>) (<u>verb</u>).

Verbs

give gifts

have a big meal

make a <u>cake</u>

Adverbs

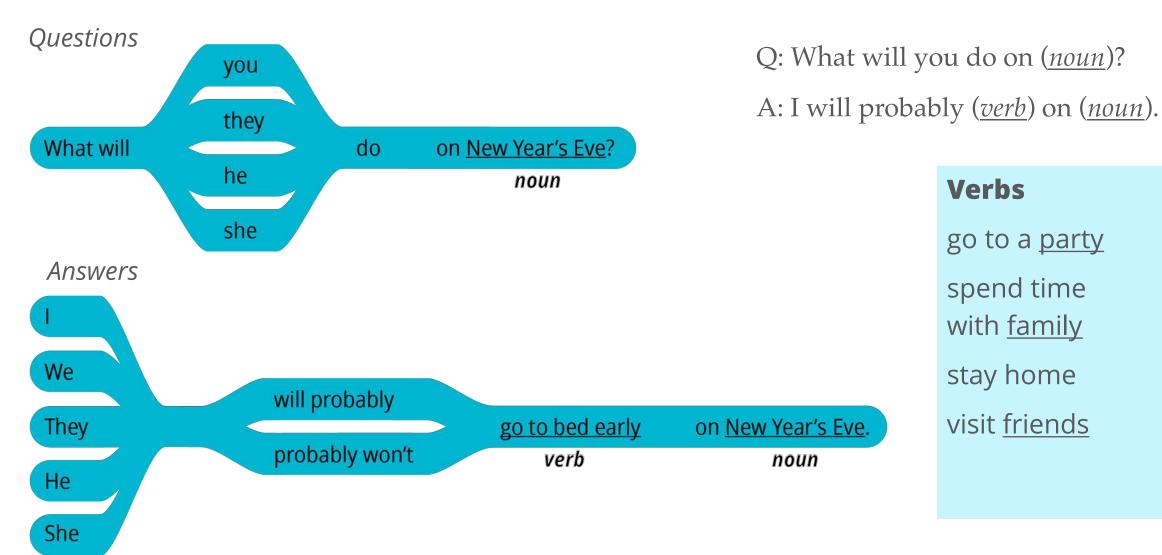
sometimes

never

Activity 1: Practice Pattern 2

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3–5 minutes



Activity 2: Create Your Own Sentences

Look at the list of people below and their favorite holidays. Ask and answer questions about what each person does on that holiday and what they will probably do this year. Be creative! Take turns.

Person	Holiday
Nora	Independence Day
Jin	Christmas
Mei	Lunar New Year
Avi	Easter

Adriana: New Year's Eve



A: What does <u>Adriana usually</u> do for <u>New Year's Eve</u>?

B: She <u>usually</u> goes to a party.

A: What else does <u>Adriana</u> do for <u>New Year's Eve?</u>

B: She <u>always</u> goes to bed <u>late</u>.

A: What will she do on <u>New</u> <u>Year's Eve</u> this year?

B: She will probably <u>stay</u> <u>home</u> and <u>play games with</u> <u>her family</u>.

Activity 2: Create Your Own Sentences

10–15 minutes

Ask and answer questions about your plans for upcoming holidays. Say as much as you can. Take turns.

Lesson: 18 Slide 1/2

Activity 3: Create Your Own Conversations

New Vocabulary Do you <u>usually</u> have turkey? Yes, we do. No, we don't. buy a Christmas tree

Example



A: What will you do on <u>Christmas</u> this year?

B: I will probably visit my family.

A: Will you <u>buy a Christmas tree</u>?

B: No, I probably won't <u>buy a</u> <u>Christmas tree</u>.

A: Will you <u>have a special dinner</u>?

B: Yes, we will probably <u>have a special dinner</u>.

A: Do you <u>usually have turkey</u>?

B: No, we don't. We <u>always</u> <u>make</u> tamales.

Lesson: 18 Slide 2/2

Evaluate

5–10 minutes

Evaluate your progress on the objectives and your efforts to practice English daily.

Evaluate Your Progress

5 minutes

I can:



Talk about what I and others plan to do on a holiday.

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Evaluate Your Efforts

5 minutes

Evaluate your efforts to:

- ••• Study the principle of learning.
- ••• Memorize vocabulary.
- ••• Practice the patterns.
- ••• Practice daily.

Set a goal: _____

Share your goal with a partner.

Minimal Effort •

Moderate Effort •

Significant Effort •

Act in Faith to Study English Daily

Read the quote aloud with your group.

"Because we are the spirit children of God, everyone has a divine origin, nature, and potential. Each of us 'is a beloved spirit son or daughter of heavenly parents' ["The Family: A Proclamation to the World," ChurchofJesusChrist.org]. This is our identity! This is who we really are!"

(M. Russell Ballard, "Hope in Christ," Liahona, May 2021, 54)

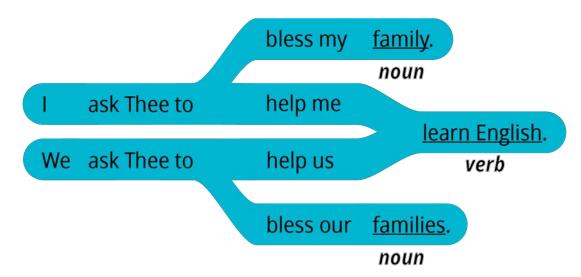


Closing Prayer

Closing Prayer

Praying in English

We thank Thee for our (\underline{noun}) .



We ask Thee to help us (*verb*).

1	thank Thee for	my	
	* /- * * * * // * * * * * * * * * * * *		blessings.
We	thank Thee for	our	noun

Nouns

- blessing
- teacher
- group
- family / families

Verbs

- learn
- speak
- teach
- bless
- press forward

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- Study the principle of learning.
- Memorize vocabulary.
- Practice the patterns.
- Practice daily.



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