



Unit 2: Introduction

Lessons 6–9

Asking for Help

Objectives

I will learn to:

- Express my feelings and emotions.
- Make requests.
- Describe where I live.
- Talk about my past.
- Apply principles of learning by study and by faith.

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Lesson 6

Feelings and Emotions

Objective: I will learn to ask and answer questions about feelings.

Opening Prayer



You Are a Child of God

20–30 minutes

Read the principle of learning for this lesson aloud. Discuss the questions.

Discuss the Principle of Learning

You Are a Child of God

Read the principle of learning for this lesson aloud.

I am a child of God with eternal potential and purpose.

God is the Father of our spirits, so we call Him Heavenly Father. Your Heavenly Father loves you. He wants you to understand your true identity and your relationship to Him. Through His prophets, God teaches us our true nature. Paul, a prophet in the Bible, taught:

"The Spirit itself beareth witness with our spirit, that we are the children of God" (Romans 8:16).

Discuss the Principle of Learning

You Are a Child of God

Paul's teachings are true for you. You are a daughter or son of a loving Heavenly Father. You have eternal potential. God has a purpose for your life. As you ask God, He can help you see who you are and who you can become. Whenever you doubt your ability to learn English, remember that you are a child of God. He loves you and wants to help you grow and progress. As you pray and ask for His help, He will help you learn.

Discuss the Principle of Learning

You Are a Child of God

Discuss the questions.

- How would you describe the relationship between a loving father and his child?
- How does knowing you have a loving Heavenly Father influence your feelings about yourself?
- How can you develop your relationship with Heavenly Father?

Activity 1: Practice the Patterns

15–20 minutes

Review the vocabulary list with a partner.

Practice pattern 1 with a partner:

- Practice asking questions.
- Practice answering questions.
- Practice a conversation using the patterns.

Repeat for pattern 2.



Activity 1: Practice the Patterns Review the vocabulary list with a partner.

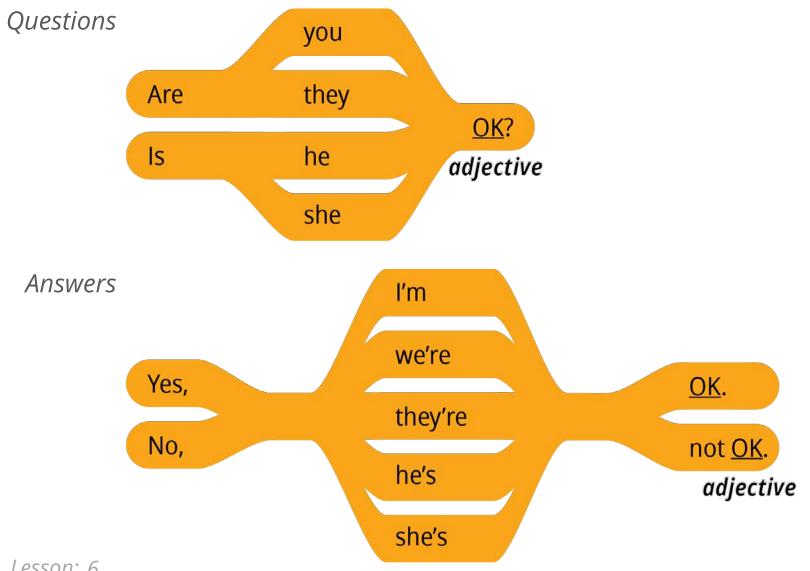
3–5 minutes

Adjectives		Verbs Past
all right	mad	broke <u>my leg</u>
bored	nervous	dropped my phone
calm	OK	got a job
embarrassed	sad	studied for a test
excited	scared	won the game
frustrated	surprised	worked all day
happy	tired	watched a <u>scary</u> movie
	worried	

Lesson: 6

Activity 1: Practice Pattern 1

3–5 minutes



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Q: Are you (*adjective*)?

A: Yes, I'm (*adjective*).

Adjectives

frustrated

happy

mad

nervous

sad

surprised

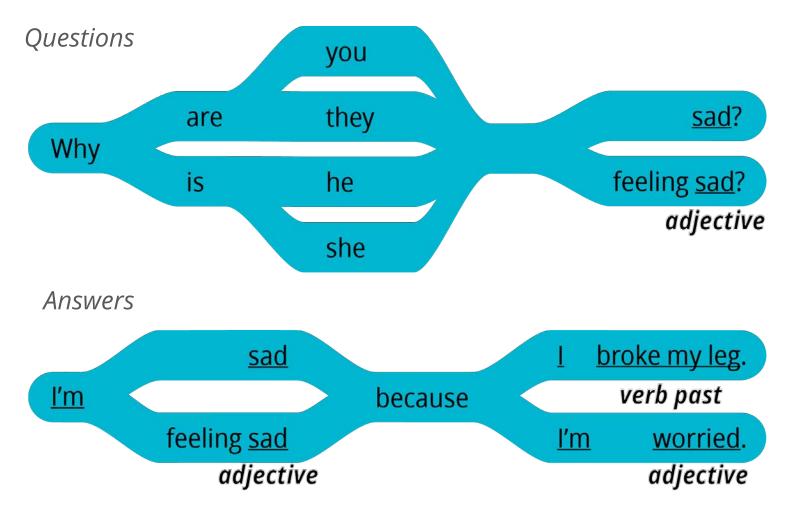
tired

worried

Lesson: 6

Activity 1: Practice Pattern 2

3–5 minutes



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Q: Why are you (*adjective*)?

A: I'm (*adjective*) because I (*verb past*).

Adjectives

bored

embarrassed

happy

mad

Verbs Past

dropped my phone

got a job

worked all day

10-15 minutes

Activity 2: Create Your Own Sentences

Look at the pictures. Ask and answer questions about how each person is feeling and why. Be creative! Take turns. Switch partners and practice again.

Mari



A: Is Mari happy?

B: Yes, she is <u>happy</u>.

A: Why is <u>Mari</u> happy?

B: She's <u>happy</u> because she <u>got a</u> <u>job</u>.

David



Hyun



Grace



Gabriel



Lili



Activity 3: Create Your Own Conversations

Ask and answer questions about how you feel in each situation. Show excitement, compassion, or empathy. Be creative! Take turns.

New Vocabulary

How are you feeling?	
That's great!	
That's too bad.	
I'm sorry.*	

*People often say "I'm sorry" in the United States to show compassion and empathy. When you say, "I'm sorry," it does not always mean that you did something wrong.

Activity 3: Create Your Own Conversations

Situations

- 1. You watched a scary movie.
- 2. You ran 15 kilometers.
- 3. You lost your wallet.
- 4. You got a new job.
- 5. You studied for a test.
- 6. You traveled to a new place.
- 7. You attended an EnglishConnect gathering.
- 8. You played games with your friends or family members.
- 9. You worked all day.
- 10. You received an unexpected gift.

Example: You dropped your phone in the water.

You dropped your phone in water.

A: How are you feeling?

B: I'm <u>sad</u>.

A: Why are you feeling <u>sad</u>?

B: I'm feeling <u>sad</u> because <u>I</u> dropped my phone.

A: Oh I'm sorry. That's too bad.

Evaluate

5–10 minutes

Evaluate your progress on the objectives and your efforts to practice English daily.



Evaluate Your Progress

5 minutes

I can:



Talk about how I and others feel and why.

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Evaluate Your Efforts

5 minutes

Evaluate your efforts to:

- ••• Study the principle of learning.
- ••• Memorize vocabulary.
- ••• Practice the patterns.
- ••• Practice daily.

Set a goal: _____

Share your goal with a partner.

Minimal Effort •

Moderate Effort •

Significant Effort •

Act in Faith to Study English Daily

Read the quote aloud with your group.

"God is our loving Father in Heaven, and He loves all His children perfectly, including you. He loved us before we ever loved Him, and evidence of His love for you is everywhere."

(God's Love, ComeUntoChrist.org)

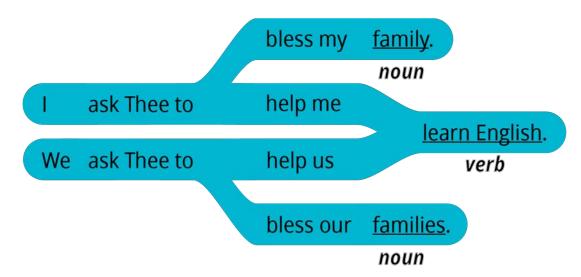


Closing Prayer

Closing Prayer

Praying in English

We thank Thee for our (\underline{noun}) .



We ask Thee to help us (*verb*).

1	thank Thee for	my	
	* /- * * * * // * * * * * * * * * * * *		blessings.
We	thank Thee for	our	noun

Nouns

- blessing
- teacher
- group
- family / families

Verbs

- learn
- speak
- teach
- bless
- press forward

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- Study the principle of learning.
- Memorize vocabulary.
- Practice the patterns.
- Practice daily.



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